

# Tampere Toastmasters

Tampere Toastmasters

District 108, Division B, Area 2, Club Number 1078343  
 Alternate Thursday at 18:00



Thursday 19th May 2022 at 18:00  
 Meeting Theme: **Life is not about accumulation, but contribution**

Venue **Tribe Tampere** This meeting is also available online

|              |   | <i>Green</i> | <i>Amber</i> | <i>Red</i> |
|--------------|---|--------------|--------------|------------|
| <b>18:00</b> | <b>Meet and Greet -</b><br>Welcome guests   |              |              |            |
| <b>18:10</b> | <b>President s Introduction - Adriana Vasilache, DTM IP4</b>  |              |              | 3:00       |
| <b>18:13</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Describe Program   |              |              | 2:00       |
| <b>18:15</b> | <b>Timekeeper - Mina Kostova</b><br>Explain role  |              |              | 1:00       |
| <b>18:16</b> | <b>Ah Counter - Sara Tobal Galán</b><br>Explain Role  |              |              | 1:00       |
| <b>18:17</b> | <b>Word of the day - Zhao Fu</b><br>Warm Up   |              |              |            |
| <b>18:21</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Introduce 1st speech   |              |              | 1:00       |
| <b>18:22</b> | <b>1st Speaker - Avadora Dumitrescu</b><br>Navigating conflict<br><i>Persuasive Influence #3-1 - Understanding Conflict Resolution</i><br>Discuss in a speech how the speaker manages conflict, how to develop a stronger strategy and the speakers best attributes in a conflict situation; optionally, share the impact of the video activity; note that the speech is NOT a report the project content | 5:00         | 6:00         | 7:00       |
| <b>18:29</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Complete evaluation slip   |              |              |            |
| <b>18:30</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Introduce 2nd speech   |              |              | 1:00       |
| <b>18:31</b> | <b>2nd Speaker - Ronald Creemers, ACB ALB PI5 PM4 DL3</b><br>Buttermilk and macaroons<br><i>Leadership Development #2-3 - Introduction to Toastmasters Mentoring</i><br>Present a speech about a time when being a protegee; share the impact and importance of having a mentor; avoid reporting on the content of this project   | 5:00         | 6:00         | 7:00       |
| <b>18:38</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Complete evaluation slip   |              |              |            |
| <b>18:39</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Introduce 3rd speech   |              |              |            |
| <b>18:40</b> | <b>3rd Speaker - Mina Kostova</b><br>Learn with Speechcraft<br><i>Persuasive Influence #5-1 - High Performance Leadership - 1</i><br>Deliver a speech to introduce the plan and vision of a project that will be completed with a team of at least three  | 5:00         | 6:00         | 7:00       |

other members

|              |  |  |      |      |      |
|--------------|--|--|------|------|------|
| <b>18:47</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Complete evaluation slip              |  |      |      | 1:00 |
| <b>18:48</b> | <b>Timekeeper - Mina Kostova</b><br>Give speech times                                    |  |      |      | 1:00 |
| <b>18:49</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Vote best speaker                     |  |      |      | 1:00 |
| <b>18:50</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Introduce evaluators                  |  |      |      | 1:00 |
| <b>18:51</b> | <b>1st Evaluator - Zhao Fu</b><br>Evaluate speech 1                                      |  | 2:00 | 2:30 | 3:00 |
| <b>18:54</b> | <b>2nd Evaluator - Avadora Dumitrescu</b><br>Evaluate speech 2                           |  | 2:00 | 2:30 | 3:00 |
| <b>18:57</b> | <b>3rd Evaluator -</b><br>Evaluate speech 3  |  | 2:00 | 2:30 | 3:00 |
| <b>19:00</b> | <b>Break -</b>   |  |      |      |      |
| <b>19:05</b> | <b>Table Topic Master - Adriana Vasilache, DTM IP4</b><br>Table Topics                   |  | 1:00 | 1:30 | 2:00 |
| <b>19:25</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Call for topics voting                |  |      |      | 1:00 |
|              | <b>Timekeeper - Mina Kostova</b><br>Report Evaluator Times                               |  |      |      | 1:00 |
| <b>19:27</b> | <b>Toastmaster - Adriana Vasilache, DTM IP4</b><br>Vote best evaluator (tt and speeches) |  |      |      | 1:00 |
| <b>19:28</b> | <b>Ah Counter - Sara Tobal Galán</b><br>Report   |  | 1:00 | 1:30 | 2:00 |
| <b>19:30</b> | <b>General Evaluator -</b><br>Report   |  | 5:00 | 6:00 | 7:00 |
| <b>19:37</b> | <b>Club Business &amp; Awards - Adriana Vasilache, DTM IP4</b><br>Club business & raffle |  |      |      | 5:00 |
| <b>19:42</b> | <b>End of Meeting -</b>  |  |      |      |      |

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**Next Meeting** 18:00 Thursday 2nd June 2022,  
Meeting Manager Adriana Vasilache